Cost-benefit of three different methods for studying Mediterranean rocky benthic assemblages

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Summary: Here we compare the applicability, the information provided and the cost-benefit of three sampling methods usually used in the study of rocky benthic assemblages. For comparative purposes, sampling was performed seasonally and along a depth gradient (0-50 m) in the Cabrera Archipelago (western Mediterranean). The destructive scraping (collection) method was the least cost-effective but provided the best qualitative and quantitative information. The in situ visual method was the most time-effective but provided low levels of taxonomic resolution and its accuracy decreased with depth due to the increasing difficulty of recognizing species in situ due to nitrogen narcosis, reduced light and cold. The photoquadrat method showed intermediate values of cost-effectiveness and information but was not suitable for multilayered assemblages, as it only accounted for the overstory. A canonical correspondence analysis showed that depth was highlighted as the main environmental gradient (16.0% of variance) by the three methods. However, differences due to the sampling method (7.9% of variance) were greater than differences due to temporal variability (5.8% of variance), suggesting that the three methods are valid but their selection has to be carefully assessed in relation to the targeted assemblages and the specific goals of each study.

Keywords: rocky benthic assemblages; destructive and non-destructive sampling methods; photoquadrats; depth gradient; seasonality.
INTRODUCTION

The study of community organization patterns is essential in ecology as it provides a descriptive basis to further develop hypothesis, build models, design experiments or perform monitoring fieldwork. Using the appropriate methodology is fundamental to obtain an accurate description of the assemblages as well as qualitative and quantitatively representative samples (Bellan-Santini 1963, Boudouresque 1971, Martin et al. 1993). The optimum and feasible sampling method is ultimately determined by the type of information needed, together with the material and time resources available. The selected methodology has to optimize the balance between obtained information and working effort.

SCUBA diving allows marine scientists to study benthic assemblages in situ by means of a wide variety of sampling methods. Dredging and other similar re-benthic assemblages in situ by means of a wide variety of effort.

The organisms are later identified and quantified in the laboratory. Numerous descriptive studies have used this methodology in the Mediterranean Sea (Romero 1981, Airoldi et al. 1995, Ballesteros et al. 1998 among others), Western Europe (Niell 1979), Africa (John et al. 1977, McMquaid 1985), North America (Mann 1972, Calvin and Ellis 1978) and Asia (Sakai 1977).

Non-destructive direct methods use quadrats of a specific area to estimate the species cover percentage or frequency. Data are estimated in situ using sub-quadrats (area, Dethier et al. 1993, Parravicini et al. 2010, Bertocci et al. 2012) or point-quadrats (contact points, Foster et al. 1991, Dethier et al. 1993, Benedetti-Cecchi et al. 1996). Data are obtained almost immediately but the results depend on the previous taxonomical knowledge of the diver. These methods are less precise than the scraping technique but are faster, allowing larger areas to be sample and more replicates to be collected. They have often been used in long-term monitoring as the assemblages are undamaged (Dayton 1971, Gunnill 1980, Sebens 1986). Non-destructive indirect methods use photos or video to estimate species cover percentage or frequency. Diving time is short but the subsequent frame treatment is long. Cover data is finally estimated using sub-quadrats (Bussotti et al. 2006, Deter et al. 2012), contact points (Foster et al. 1991, Meese and Tomich 1992, Van Rein et al. 2011) or species patches (Garrabou et al. 2002, Piazzl et al. 2014). These methods have increased in popularity and specific image processing software for them has been released (e.g. Trygonis and Sini 2012). They have been used to study the growth and population dynamics of modular organisms (Hughes and Jackson 1985, Garrabou 1999), to study the spatial heterogeneity of benthic assemblages (Garrabou et al. 1998, Teixido et al. 2002, Kipson et al. 2011), and in long-term monitoring activities (Bussotti et al. 2006, Teixido et al. 2011).

The different methods for studying rocky benthic assemblages also provide contrasting information and different cost-benefits. It is essential to assess the quality of the information obtained and the effort and cost of the sampling methodology used because sampling is the first information filter. The comparison of different methods helps researchers to select the best one for attaining their goals. Several methods for studying rocky benthic assemblages have been compared in different locations (e.g. Dethier et al. 1993, Mantelatto et al. 2013, Schonberg 2015), but studies are lacking in the Mediterranean area (but see Benedetti-Cecchi et al. 1996, Parravicini et al. 2010, Piazzl et al. 2014). More direct and quantitative comparisons between different methodologies are needed, especially comparing destructive vs. non-destructive methods. Here, we aim to compare the applicability of three common sampling methods. We selected a destructive method (the collection method), a non-destructive direct method (the in situ visual method) and a non-destructive indirect method (the photoquadrat method). The information quality and cost-benefit of each method was evaluated by studying five communities situated along a depth gradient (from 0 to 50 m) and in four different seasons in Cabrera Archipelago rocky bottoms (western Mediterranean).

MATERIALS AND METHODS

Study site

The study site was located at “Estell des Coll” (39°07′19″N, 2°56′09″E), a small islet within the Archipelago of Cabrera National Park (Balearic Islands, western Mediterranean). Five benthic assemblages were studied along a vertical transect at 0 (A0), 4 (A4), 12 (A12), 25 (A25) and 50 (A50) metres depth along a rocky cliff in four different seasons: winter, spring, summer and autumn.

Assemblage A0 was strongly multilayered with a dense canopy of the brown alga Cystoseira stricta and some ephytes (e.g. Halimion virgatum, Jania rubens and Ceranum spp.). The midstory included Palisada tenuerrima, Laurencia sp., Anadyomene stellata and Valonia utricularis among others, and the understorey mainly consisted of the crustose alga Neogoniolithon brassica-floridu. Abundant invertebrates were ascidians (Trididemnum cereum and Didemnum granulosum), some hydrozoans (Aglaophenia kirchenpaueri), small crustaceans and byzoans (Crisia spp.).

Assemblage A4 was a photophilic algal assemblage covered by small erect algae, such as Dicrateria fasciola and Padina pavonica. The understorey was dominated...
by *Neogoniolithon brassica-florada* and *Lobophora variegata*. The sponges *Crambe crambe*, *Sarcotragus spinosulus* and *Sarcotragus fasciculatus* were also abundant.

Assemblage A12 was dominated by the canopy-forming alga *Cystoseira baleareica* together with erect algae such as *Dictyopteris polyiodoidea*, *Sargassum vulgare*, *Halocepia scoparia*, *Dictyota dichotoma* and *Peyssonnelia* spp. The understory consisted of crustose *Neogoniolithon brassica-florada*, *Polyskra fosliei* and *Lobophora variegata*. The most abundant invertebrates were the sponges *Crambe crambe*, *Phorbas topsenti*, *Sarcotragus spinosulus* and *S. fasciculatus*, the tunicates *Dipsosoma spongiforme* and the cnidarian *Clavularia crassa*.

The brown erect alga *Dictyopteris polyiodoidea* dominated assemblage A25. The midstory consisted of the erect algae *Peysosmellia sessilis*, *Halopteris filicina*, *Leptofoaucha coralligena* and *Flabellia petiolata*, among others. The understory consisted mainly of the crustose algae *Mesophyllum alternans*, *Neogoniolithon mamillsum* and *Peysosmella rosa-marina*. The invertebrates such as bryozoans (*Myriapora truncata*, *Cellepora pumicosa*), sponges (*Phorbas topsenti*, *Crambe crambe*), tunicates (*Pseudodistoma cymusense*), cnidarians (*Alcyonium coralloides*, *Clavularia crassa*) and polychaetes were also common.

A coralligenous assemblage was present at the bottom of the cliff (A50), dominated by the crustose calcareous algae *Mesophyllum alternans*, with *Lithophyllum incrustans*, *Neogoniolithon mamillsum* and *Peysosmella rosa-marina*, among others. Erect algae (*e.g.* *Flabellia petiolata*, *Halopteris filicina*) were also present. Abundant invertebrates were cnidarians (*Lep topsamminia pruviolitii*), sponges (*Axinella damicornis*), bryozoans (*Myriapora truncata*, *Rynchoozoon neapolitanum*), polychaetes and small crustaceans.

**Sampling methods**

Sample collection was performed by SCUBA diving, except for A0. Sampling time, especially at 50 m, was the main limiting factor. The five assemblages were sampled in each season with three different sampling methods: the collection (scraping) method, the in situ visual method and photoquadrats. Two divers by three divers were needed to obtain the samples in each season. The in situ relevés (visual method) were always made by the same experienced diver. The other two divers collected the samples and took the pictures.

The collection method is destructive and consists in scraping off all organisms from a 20x20 cm (400 cm²) quadrat with a hammer and a chisel. Two replicates were obtained per season and depth, which provide a sampling area large enough to be considered as representative of most Mediterranean rocky bottom assemblages (Coppéjans 1980, Verlaque 1987, Ballesteros 1992). Samples were sealed in individual plastic bags and fixed in 4% formalin:sea water for later sorting and classification in the laboratory. The abundance of algal species and invertebrates was quantified as biomass (g dw) after drying at 60°C until constant weight (generally for 24-48 h). Since crustose corallines were completely destroyed during sampling and it was not possible to measure the dry weight, we estimated in situ the coverage of the different species. The biomass was calculated from coverage data using the conversion factors in Ballesteros (1992).

The in situ visual method is direct and non-destructive. Species abundance was measured in situ with a 25x25 cm (625 cm²) quadrat divided into 25 sub-squares of 5x5 cm². The presence or absence of each species was recorded within each sub-square and the total abundance was calculated as the percentage of sub-squares in which a species was present (Ballesteros 1996, Cebrian and Ballesteros 2004, Tomas et al. 2011). Small samples of unidentified species were collected and later identified in the laboratory. Four relevés were obtained per season and depth, covering an area considered as representative of Mediterranean rocky bottom assemblages (Sala and Ballesteros 1997, Cebrian et al. 2000).

The photoquadrat method is indirect and non-destructive. Photos of the assemblages were used to estimate the coverage area of the different species. Pictures were taken with a Nikonos V camera equipped with a 28 mm UW Nikkor objective, a close-up Nikkon lens and a Nikon SB-105 flash (Martí et al. 2004a, b). Each frame recorded an area covering 310 cm². Seaweeds and invertebrates in each frame were projected on an inverse slide projector and species patches were manually outlined on acetate sheets. They were then digitalized, and the total area covered by each species was calculated using Adobe Photoshop 5.0 software. In some cases, various small species grew tightly together, making turf and individual identification impossible. Up to nine different turf categories were identified according to their qualitative composition, obtained with the collection method samples. Eight pictures were taken at each depth and in each season, covering an area largely representative of Mediterranean rocky benthic communities (Martí et al. 2004b, Kipson et al. 2011).

**Statistical analyses**

The three sampling methods were compared through three descriptors of community structure (species richness, species diversity and quantitative similarity between samples) using abundance data. Descriptors were calculated using replicates, which vary with each method (collection method, 2 replicates =800 cm²; in situ visual method, 4 replicates =2500 cm²; photoquadrat method, 8 replicates =2480 cm²). Consequently, we compared the information obtained using the areas that were considered as representative for each sampling method, not the same areas, as it would be too time-consuming to collect, identify and quantify everything present in areas of e.g. 2500 cm².

Species richness per assemblage (N) was calculated as the total number of species merging all replicates for each season and depth. Species diversity was estimated with the Shannon Index (H’, Shannon 1948) formula recommended by Margalef (1974). Species abundance
(p) was measured as biomass (the collection method), species frequency (the in situ visual method) or species coverage (the photoquadrat method). Finally, the quantitative similarity between samples was calculated with the Kulczynski Index (Kulczynski 1927). Similarity was calculated between pairs of sample groups of increasing replicate number, that is, of increasing sampling area. Similarity could only be calculated between the two existing samples (pairs of one replicate, comparison of sampling areas of 400 cm²) for the collection method. The similarity was calculated between pairs of one (comparison of sampling areas of 625 cm²) and two (comparison of sampling areas of 1250 cm²) replicates for the in situ visual method. The similarity was calculated between pairs of one (comparison of sampling areas of 310 cm²), two (comparison of sampling areas of 620 cm²), three (comparison of sampling areas of 930 cm²) and four (comparison of sampling areas of 1240 cm²) replicates for the photoquadrat method. The mean of the Kulczynski index was calculated for all possible combinations of replicates of each size with a program written in Turbo Pascal.

The qualitative similarity among methods was calculated with the Jaccard Index (Jaccard 1901) using the detected species presence. The qualitative similarity of the in situ visual and the photoquadrat methods was compared with the collection method, which is the method that detects the largest number of species. The average time cost of each method was calculated considering the same experienced divers and taxonomic specialists.

The ordination of species in space (depth) and time (seasons) for each sampling method was analysed with canonical correspondence analysis (CCA) and the relevance of each factor was estimated with partial CCAs. The relevance of the method factor, as well as space and time, were analysed with a CCA and partial CCAs including all three data sets. Only the 68 species common to the three methods were included and the abundances were all transformed to a 0-100 scale. We selected unimodal methods because a preliminary detrended correspondence analysis showed that the gradient length (SD) was higher than would be the case for a complete species turnover (4.0 SD, Legendre and Legendre 1998). Multivariate analyses were performed with the software CANOCO 4.0 (ter Braak and Smilauer 1998).

RESULTS

A total of 262 species were identified in the 40 samples obtained with the collection method (Fig. 1, Supplementary Material Table S1). The total number of species increased along the depth gradient (Fig. 2A), A50 being almost twice as rich as the shallow-water communities A0 and A4. This increase in species richness was mainly due to the proliferation of small red algae and animals distinctive from the coralligenous environment (A50). Species richness was higher in autumn-winter than in spring-summer, except in A12, which showed a summer maximum (Supplementary Material Table S4). The highest seasonal change in species richness corresponded to A4, with a coefficient of variation of 26.4% (Table S4). In contrast, A50 was the assemblage with the lowest seasonal change in species richness, with a coefficient of variation of 7.5% (Table S4).

A total of 114 species were identified in the 80 samples obtained with the in situ visual method (Fig. 1, Supplementary Material Table S2). The total number of species decreased along the depth gradient (Fig. 2A), contrasting with the results obtained with the collection method. Maximum species richness was observed in winter and minimum in spring-summer (Table S4). The highest seasonal change in species richness corresponded to A50, with a coefficient of variation of 28.9% (Table S4). In contrast, A25 was the assemblage with the lowest seasonal change in species richness, with a coefficient of variation of 14.6% (Table S4).

A total of 160 different species or categories were identified in the 160 frames obtained with the photoquadrat method (Fig. 1, Supplementary Material Table S3). Most of the categories (148) were identified at a species level, 9 corresponded to different kinds of turfs and 3 corresponded to unidentified entities (e.g. dark patches or bare rock without living organisms). This method detected a remarkably low species richness for the strongly multilayered assemblage A0 (Fig. 2A). The total number of species increased along the depth gradient (Fig. 2A), the maximum being at A50, as observed with the collection method. Species richness was generally higher in autumn-winter than in spring-summer (Table S4). Seasonal differences in species richness were evident for A0 and A25, with a coefficient of variation of 52.2% and 35.9%, respectively (Table S4). In contrast, A4 and A12 had small seasonal changes in species richness, with a coefficient of variation of 9.6% and 9.7%, respectively (Table S4).

Species diversity, measured with the Shannon Index (H’), tended to increase along the depth gradient with the collection method (Fig. 2B). The seasonal variation of H’ using this method was notable but no general patterns arose among the different assemblages (Table S4). The in situ visual method provided higher estimates of species diversity than the collection method.
method (Fig. 2B), probably because of the intrinsic equitability of the in situ visual method abundances. The average species diversity per assemblage was always H>2.7 bits with the in situ visual method. The in situ visual method seasonal variation was low and general patterns were not found among the different assemblages (Table S4). The photoquadrat method also provided higher estimates of species diversity than the collection method and similar ones to the in situ visual method (Fig. 2B), H>2.7 bits except in the strongly multilayered A0 assemblage. The seasonal variation of H calculated with the photoquadrats was noteworthy, especially for A0 (99.3% of CV), and species diversity tended to be higher in winter for all assemblages except A0 (Table S4). The quantitative similarity between samples, measured with the Kulczynski Index, was calculated by comparing sampling areas of 400 cm² (pairs of replicates per group used to calculate the similarity index).
one replicate) for the collection method. This method yielded high similarity values (≥0.7) for A0 and A4 all year round, indicating high homogeneity between samples (Table 1). Similarity decreased and changed between seasons for A12 and A25 (Table 1). A50 exhibited the lowest similarity in each season (Table 1). The Kulczynski Index estimated with the in situ visual method and comparing sampling areas of 625 cm² (pairs of one replicate) resulted in high similarity values, generally higher than or equal to 0.7 (Table 1). The similarity values increased even more when comparing sampling areas of 1250 cm² (pairs of two replicates, Table 1). The similarity values increased gradually when comparing increasing sampling areas of 620 cm² (pairs of two replicates), 930 cm² (pairs of three replicates) and 1240 cm² (pairs of four replicates, Table 1).

To sum up, for the areas sampled in each methodology, the photoquadrat method detected a similar species richness per assemblage to the collection method (except for the strongly multilayered A0 assemblage), though the total number of species identified with the photoquadrat method was only 61% of that identified with the collection method. The in situ visual method detected much lower species richness than the collection and photoquadrat methods. Species diversity estimates were the highest with the in situ visual method and the lowest with the collection method, but differences decreased along the depth gradient and all H' converged at A50. Both the collection and photoquadrat methods were able to detect a higher seasonal variability of species diversity than the in situ visual method. The number of replicates and sampling area needed to obtain a good homogeneity level (Kulczynski Index ≥0.7) changed among methods and assemblages (Table 2). For example, one sample of 400 cm² was enough for the collection method, a sampling area of 625 cm² was enough for the in situ visual method, and more than four photoquadrat samples (>1240 cm²) were needed to obtain a good similarity for A4 (Table 2).

The collection method has been used as a reference to calculate qualitative similarity (Jaccard Index) with the other two methods (Fig. 3). The qualitative similarity between the collection and photoquadrat methods was low and decreased along the depth gradient (Fig. 3A). The qualitative similarity between the collection and photoquadrat methods was also low, especially for the strongly multilayered A0 (Fig. 3B); in that case the dense canopy of *Cystoseira stricta* (A0) hid most or all species of the other layers, resulting in an extremely low species detection.

Partial CCAs showed that space (depth) explained about twice as much variance as time (season) for all three methods. Depth explained 21%, 22% and 18% of the variance and season explained 10%, 12% and 9% of the variance for the collection, in situ visual and photoquadrat methods, respectively. Shared variance between depth and season was really low (<0.1%) for all methods. When the three data sets were merged, partial CCA showed that space (depth) explained 16.0% of the variance, being the main factor explaining species distribution, and it was strongly associated with the CCA first axis (CCA1, Fig. 4). More differences were due to the method used (7.9% of explained variance) than to time (season explained 5.8% of the variance). Sampling method correlated well with the CCA second axis (CCA2, Fig. 4A and B) and clearly separated the collection method from the in situ visual and photoquadrat methods. A season gradient was observed along the CCA third axis (CCA3, Fig. 4C and D) segregating the spring and winter samples. CCA3 also separated the photoquadrat method samples from the samples of the other two methods. The total variance explained by the three factors was 29.8% and the shared variance was low (0.2).
FIG. 4 – Ordination of the first three axes of the canonical correspondence analysis. A and C show sample ordination; B and D show species ordination. Numbers correspond to the depth in m. For example, C0 are replicates of the collection method (C) at 0 m deep and V50 are replicates of the photoquadrat method at 50 m deep. Species abbreviation as in Supplementary Material Tables S1, S2 and S3.

DISCUSSION

Cost comparison

The costs of the equipment used in this study are relatively low when compared with those of other sampling underwater devices, such as remotely operated vehicles or submersibles. However, in marine environments, an important fraction of the cost is due to time used in sample collection and processing. Diving time is one of the main limiting factors when sampling benthic communities. This limitation mainly affects the collection and in situ visual methods, which are more time-consuming than the photoquadrat method (Table 3). The collection and photoquadrat methods require a considerable time cost in the laboratory to identify and quantify species (Table 3). The total time cost per area considered to be representative for each method is the highest for the collection method, intermediate for the photoquadrat method and the lowest for the in
The collection method is limited by both diving and laboratory time. Moreover, the sampled surface is smaller than in the other two methods, resulting in a high time cost per equivalent area and making this method suitable for working at small scales. However, the collection method is the only self-sufficient method, as the other two methods need to take extra samples to identify the unknown species in the field. In contrast, working effort for the in situ visual method is much lower and is mainly due to diving time (Table 3). The real limitation of the in situ visual method is finding an expert diver who is also an expert specialist of taxonomic groups so that the taxonomic resolution is high enough. The photoquadrat method is the fastest and simplest in the field but the time processing the images in the laboratory varies widely up to several hours per frame for complex communities (Whorff and Griffing 1992, Dethier et al. 1993). Information quality decreases with depth and the method is not recommended at depths of 50 m or deeper. The loss of precision of the in situ visual method with depth seems to be related to the increasing difficulty of recognizing species in situ because of nitrogen narcosis, reduced light and cold. The advantages of the in situ visual method are the fast and in situ data availability and the fact that it is non-destructive, which may compensate for the drawbacks in some studies.

The photoquadrat method has an intermediate time cost and resolution (it detects 60% of the species detected with the collection method). Photo digitalization is more objective than in any other direct method (Meese and Tomich 1992). However it is not appropriate for multilayered assemblages (as observed by Foster et al. 1991, Meese and Tomich 1992 and Whorff and Griffing 1992), as it only accounts for the overstory. The advantages of the photoquadrat method are that the experienced divers and taxonomic specialists can be different operators (as in the collection method), it is non-destructive and it offers a permanent record.

### Balance between time cost and information quality

The information quality and suitability of each method are summarized in Table 3. The high time cost of the collection method is compensated with high-precision results: a large number of accurately identified and quantified species.

In contrast, the in situ visual method is fast but provides a much lower resolution. In fact it only detects 43% of the species detected with the collection method and the abundance data obtained are more discrete and homogeneous (ranging from 0 when a species is not present to 25 when a species is present in all sub-quadrats, which represent a two-fold range) than biomass or coverage data (a six-fold range). Consequently, information is simplified and diversity estimates are affected. A similar in situ visual method can be performed by estimating the percent cover of species in each sub-square (5 classes) and then summing scores across the 25 sub-squares (Bianchi et al. 2004). This cover estimation technique provides less discrete and homogeneous data than the frequency count technique. However, Parravicini et al. (2010) revealed that both techniques show the same patterns of community variation but the classical cover estimation technique is largely more time-consuming. The in situ visual method is also the most subjective as the experience and taxonomical knowledge of the diver plays an important role in the quality of the results (Meese and Tomich 1992, Dethier et al. 1993). Information quality decreases with depth and the method is not recommended at depths of 50 m or deeper. The loss of precision of the in situ visual method with depth seems to be related to the increasing difficulty of recognizing species in situ because of nitrogen narcosis, reduced light and cold. The advantages of the in situ visual method are the fast and in situ data availability and the fact that it is non-destructive, which may compensate for the drawbacks in some studies.

The quantification estimates of some organisms change between methods. For example, crustose species of the understory have higher estimates with the collection (biomass) and the in situ visual (abundance) method than with the photoquadrat (coverage) method. This may lead to contradictory results between methods, as observed with the specific diversity of assemblage A4. A4 assemblage was dominated by the crustose calcified coralline alga Neogoniolithon brassica-florida, with some brown annual algae (e.g. Dictyota fasciola and Padina pavonica) growing in the overstory. Ne-
ogoniolithon brassica-florida strongly dominates in terms of biomass, resulting in low estimates of species diversity using the collection method. In contrast, the photoquadrat method underestimates Neogoniolithon brassica-florida coverage, resulting in a higher specific diversity than in the collection method. Another example is the tendency of the in situ visual method to overestimate small but visible epiphytes with low biomass, such as the tetrasporophytes of the red alga Asparagopsis taxiformis.

All three methods similarly detect spatial and temporal variability of the data. Independently of the sampling method, the main species distribution and abundance pattern is always related to the depth gradient. The three methods are good and consistent for detecting species changes along the bathymetric axis. However, differences due to the sampling method are greater than differences due to temporal variability. The three methods are inconsistent in detecting the small-scale seasonal changes, probably because of the combined limitations discussed above (overestimation or underestimation of specific groups, reduction in information quality with depth or in multilayered communities, and homogeneous abundance data).

In conclusion, all three methods are valid for studying rocky benthic assemblages but their specific limitations must always be taken into account. The staff and resource availability, the assemblage type, the working scale and the objectives of each particular study are other aspects to consider when choosing the most appropriate sampling method. For instance, the collection method is the best when high accuracy is needed; the in situ visual method provides fast results; and photoquadrats provide a permanent record that can always be revisited and used for different objectives.

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